

# Austin Junior Volleyball

## Pathway to Excellence in Austin Club Volleyball

Select your entry point...

<b>AJV Academy Prep</b>	League Format. 5 week programs run in the fall <i>Bumpers: ages 4-7                      Spikers: ages 8-10                      Academy: 11-15</i>
<b>AJV Academy Program</b>	Clinic style training with multiple coaching AND also offering a league format. Designed for beginning volleyball players Program offered quarterly. Self-contained program that competes against other Academy teams
<b>AJV Futures Program</b>	practice 2x week starting in December. 1 coach per team. Play locally in Austin 1 x month ideal for multi-sport athletes needing financial assistance that want to practice and play locally in a USAV tourney or local playday/league Satellite program for ages 15 and younger in Marble Falls, Manor and Williamson County
<b>AJV Lite</b>	<i>Central and North</i> (formerly Red and Toro teams). Practice 2x week. 2 coaches per team. <i>November - end of March. 2 USAV tournaments a month in Central Texas</i> <i>Designed for athletes who want to experience club volleyball without the intense demands of a full season and travel</i>
<b>Austin Junior Volleyball -</b>	practice 2x week. Play regionally (LSC + REG) and nationally. 2 coaches per team
<b>Competitive Club</b>	<i>11-14 Navy/CP - Regional teams (all events in the state of Texas); 2 coaches per team</i> <i>15 and 16 Navy - Travel teams (1 out of state Qualifier); 2 coaches per team</i>
	<i>adidas/Molten/Helix - National Travel teams (1-3 out of state Qualifiers/nat'l events plus JNVC or AAUs); 2 coaches per team</i>

Time commitment/Skill Level

Age Group	Beginner					Competitive/Advanced		
18						Helix	Molten	adidas
17						Helix	Molten	adidas
16			Futures		Navy/CP	Helix	Molten	adidas
15		Academy	Futures	Lite Central and Lite North	Navy/CP	Helix	Molten	adidas
14		Academy	Futures	Lite Central and Lite North	Navy/CP	Helix	Molten	adidas
13		Academy	Futures	Lite Central and Lite North	Navy/CP		Molten	adidas
12		Academy	Futures	Lite Central and Lite North	Navy/CP			adidas
11		Academy		Lite Central and Lite North	Navy/CP			
10			Spikers					
Ages 8-9			Spikers					
Ages 4-7	Bumpers							