

| Team                | Practices             |                       | Start Date | End Date |
|---------------------|-----------------------|-----------------------|------------|----------|
| AJV 14 Lite Central | Mon, STA, 5:30-7:30pm | Wed, STA, 5:30-7:30pm | Nov.29     | 28-Mar   |
| AJV 14 Lite CP      | Mon, TC, 5:30-7:30pm  | Wed, TC, 5:30-7:30pm  | Nov.29     | 28-Mar   |
| AJV 13 Lite Central | Mon, STA, 5:30-7:30pm | Wed, STA, 5:30-7:30pm | Nov.29     | 28-Mar   |
| AJV 13 Lite CP      | Mon, TC, 5:30-7:30pm  | Wed, TC, 5:30-7:30pm  | Nov.29     | 28-Mar   |
| AJV 12 Lite CP      | Mon, TC, 5:30-7:30pm  | Wed, TC, 5:30-7:30pm  | Nov.29     | 28-Mar   |
| AJV 12 Lite Central | Mon, STA, 5:30-7:30pm | Wed, STA, 5:30-7:30pm | Nov.29     | 28-Mar   |
| AJV 11 Lite CP      | Mon, TC, 5:30-7:30pm  | Wed, TC, 5:30-7:30pm  | Nov.29     | 28-Mar   |
| AJV 11 Lite Central | Mon, STA, 5:30-7:30pm | Wed, STA, 5:30-7:30pm | Nov.29     | 28-Mar   |
| AJV Futures 13      | Mon, TC, 5:30-7:30pm  | Wed, TC, 5:30-7:30pm  | Nov.29     | 28-Mar   |
| AJV Futures 14      | Mon, TC, 5:30-7:30pm  | Wed, TC, 5:30-7:30pm  | Nov.29     | 28-Mar   |
| AJV Futures 15      | Wed, TC, 7:30-9:30pm  | Wed, TC, 7:30-9:30pm  | Nov.29     | 28-Mar   |
| AJV Futures 16/17   | Wed, TC, 7:30-9:30pm  | Wed, TC, 7:30-9:30pm  | Nov.29     | 28-Mar   |